Making a difference can be as simple as making a peanut butter and jelly sandwich. Help the hungry make it to their next meal by lending your helping hands and have some fun while doing it! One hour of your time can help so many.

It’s easier to feed 300 people than you might think! It simply takes one trip to a local grocery store to purchase the supplies and getting a team together to make the sandwiches and put them into bags.

If you would like, we will come and speak to your team about what this project means to the people in our community who receive these sandwiches.

DID YOU KNOW...

- In 2019, 5,244 individuals in Erie County experienced homelessness.
- Of those 5,500 people who experienced homelessness, 25% are children.
- 15% of Erie County residents live below the poverty line.
- 26% of Erie County residents live above the poverty line, but still cannot afford all their basic household expenses.
- Hunger remains a critical problem in Erie County—1 in 8 people do not have consistent access to enough food.

PARTNER AGENCIES

**Buffalo City Mission**
www.buffalocitymission.org
Cassandra Calhoun
calhoun@buffalocitymission.org
716-854-8181 ext. 419

**Friends of Night People**
www.friendsofnightpeople.com
Patty Krehbiel
pkrehbiel@friendsofnightpeople.com
716-884-5375 ext. 202

**Matt Urban Hope Center**
www.urbanctr.org
Sarah Maurer
smaurer@urbanctr.org
716-893-7222 ext. 232

**Response to Love Center**
www.responsetolove.org
Sister Johnice
srjohnice@gmail.org
716-894-7030

**The Salvation Army**
https://buffalo.salvationarmy.org
Bryanna Gwitt
bryanna.gwitt@use.salvationarmy.org
716-598-1360

For more information on the Sandwich Project and other Service-to-Go projects, visit [uwbec.org/business-meets-community](http://uwbec.org/business-meets-community) or contact:

Suzette O’Brien
suzette.obrien@uwbec.org
716-887-2744
GENERAL GUIDELINES

- We suggest an estimate of 1 oz of peanut butter and 1 oz of jelly per sandwich. This equals 16 sandwiches for every pound of peanut butter and jelly.
- Consider buying the supplies in large jars or bulk size containers.
- Please have your teams wear plastic gloves when making the sandwiches.
- You will need Ziploc bags for the sandwiches and large boxes to put them in. Pack the sandwiches vertically in the box to prevent them from getting crushed and soggy.
- The approximate cost of supplies for making 300 sandwiches is $100. (Ten people can prepare 300 sandwiches in about one hour.)