

# SERVICE-TO-GO

## BUSINESS MEETS COMMUNITY



United Way  
of Buffalo & Erie County

# SANDWICH PROJECT



Making a difference can be as simple as making a peanut butter and jelly sandwich. Help the hungry make it to their next meal by lending your helping hands and have some fun while doing it! One hour of your time can help so many.

It's easier to feed 300 people than you might think! It simply takes one trip to a local grocery store to purchase the supplies and getting a team together to make the sandwiches and put them into bags.

If you would like, we will come and speak to your team about what this project means to the people in our community who receive these sandwiches.

### DID YOU KNOW...

- In 2019, 5,244 individuals in Erie County experienced homelessness.
- Of those 5,500 people who experienced homelessness, 25% are children.
- 15% of Erie County residents live below the poverty line.
- 26% of Erie County residents live above the poverty line, but still cannot afford all their basic household expenses.
- Hunger remains a critical problem in Erie County—1 in 8 people do not have consistent access to enough food.

## PARTNER AGENCIES

### Buffalo City Mission

[www.buffalocitymission.org](http://www.buffalocitymission.org)

Cassandra Calhoun

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### Friends of Night People

[www.friendsofnightpeople.com](http://www.friendsofnightpeople.com)

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### Matt Urban Hope Center

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### Response to Love Center

[www.responsetolove.org](http://www.responsetolove.org)

Sister Johnice

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### The Salvation Army

<https://buffalo.salvationarmy.org>

Bryanna Gwitt

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For more information on the Sandwich Project and other Service-to-Go projects, visit [uwbec.org/business-meets-community](http://uwbec.org/business-meets-community) or contact:

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# SANDWICH PROJECT INSTRUCTIONS



## GENERAL GUIDELINES

- We suggest an estimate of 1 oz of peanut butter and 1 oz of jelly per sandwich. This equals 16 sandwiches for every pound of peanut butter and jelly.
- Consider buying the supplies in large jars or bulk size containers.
- Please have your teams wear plastic gloves when making the sandwiches.
- You will need Ziploc bags for the sandwiches and large boxes to put them in. Pack the sandwiches vertically in the box to prevent them from getting crushed and soggy.
- The approximate cost of supplies for making 300 sandwiches is \$100. (Ten people can prepare 300 sandwiches in about one hour.)

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