

LUNCH & LEARNS

2018-2019

United Way offers a wide range of educational programs on our focus areas of Education, Financial Stability, and Health & Wellness. To schedule a session for your work-place or community organization, contact your Account Executive.

EDUCATION

- » **What You Should Look for When Selecting a Child Care Provider:** General information about what to look for when choosing a child care provider.
- » **A Profile of Third-Grade Proficiency in Erie County:** Children below grade-level proficiency by third grade are much less likely to graduate from high school. A presentation on the current state of third-grade proficiency in Erie County school districts and what the United Way is doing to address the issue.

HEALTH & WELLNESS

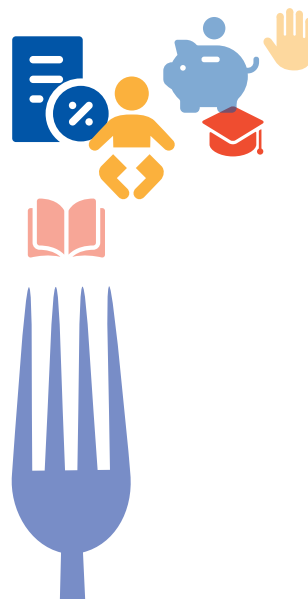
- » **Accessing Domestic Violence Services:** Helps participants recognize the signs of domestic violence and provides information about services available through the Family Justice Center and partner agencies, as well as where to go for more information if you suspect someone you know is in a violent relationship.
- » **Caregiver Support:** Provides information about local services and programs for seniors and those who care for them in partnership with the Erie County Department of Senior Services.
- » **A Profile of Pre-Term Birth in Erie County:** One third of infant deaths are due to premature birth-related causes. Even if a mother is healthy and follows all of the preventative measures, she may still experience a premature birth. A presentation on the current state of premature birth in Erie County and what the United Way is doing to address the issue.
- » **A Profile of Childhood Obesity in Erie County:** For the first time in history, children are predicted to have a shorter lifespan than their parents. Obesity is the second largest cause of preventable death in the USA. A presentation on the current state of childhood obesity in Erie County and what the United Way is doing to address the issue.

FINANCIAL STABILITY

- » **Creating Assets, Savings & Hope (CASH) Buffalo:** Overview of the work of CASH Buffalo and its importance in our community, including key services such as free tax preparation, financial education, one-on-one financial coaching, and educational and vocational supports.

INTERACTIVE SESSIONS

- » **The Last Straw!** A fun game that helps educate participants on the social conditions that impact on health (such as poverty and educational opportunities) and how they affect populations within the community. Lasts 1 hour.
- » **Poverty Simulation:** Enables participants to step into the lives of low-to-moderate income families and experience the challenges of their everyday life. Lasts 2-3 hours.



United Way
of Buffalo & Erie County